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# Histopathological Alterations in Nile Tilapia *Oreochromis Niloticus* (L.) as Influenced by Dietary Antiparasitic Drug Emamectin Benzoate at the Recommended and Higher Doses for an Extended Period

Thangapalam Jawahar Abraham<sup>a\*</sup>, Roy Beryl Julinta<sup>a</sup>, and Prasanna Kumar Patil<sup>b</sup>

<sup>a</sup> Department of Aquatic Animal Health, Faculty of Fishery Sciences, West Bengal University of Animal and Fishery Sciences, Kolkata 700094, India

<sup>b</sup> Aquatic Animal Health and Environment Division, ICAR-Central Institute of Brackishwater Aquaculture, Chennai 600028, India

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### Abstract

The effects of the dietary antiparasitic drug emamectin benzoate (EB) on the biosafety and kidney, liver and intestine tissue histopathology of *Oreochromis niloticus* were assessed. Extended EB medication at the recommended dose (50 µg/kg biomass/day) for 21 days reduced survival, feed intake and biomass. A dose-dependent hepatotoxic, nephrotoxic and intestinal toxic effects of EB were noticed. Tubular degeneration, glomerulopathy, inflammation and necrotized renal interstitium in the kidney and glycogen-type vacuolation and cytoplasmic degeneration in the liver were observed. The intestine exhibited loss of absorptive vacuoles, mucinous degeneration, necrotized intestinal villi and absorptive region and inflammation. Lamina propria swelling was noticed in the higher-dosed groups. With the termination of medication, the pathological changes were reduced significantly, indicating the ability of fish to mount adaptive responses to recoup. The extended EB administration for 21 days is unlikely to produce adverse and irrevocable effects on fish at the recommended dose.

## 1. Introduction

The rapid expansion of aquaculture has catalyzed the growth of the tilapia industry in most Southeast Asian countries. Tilapias are second only to carps as the most popular farmed freshwater fish in the world (FAO, 2020). Owing to technological breakthroughs, the potential of tilapias as cultivable species is increasingly recognized due to their inherent advantages such as tasty flesh, fewer bones, quick growth, ease of reproduction, ready acceptance of artificial feed, and effectiveness in controlling insects and weeds (Prabu *et al.*, 2019). Diseases are always a threat and can result in significant stock losses, affecting fish supply and farmers' livelihoods. Tilapias are expected to be resistant to several diseases that affect other farmed fish, but many diseases of bacterial and viral origin have been reported (Zamri-Saad *et al.*, 2014; Behera *et al.*, 2018; Jansen *et al.*, 2019). Challenges to aquaculture include animal welfare, environmental perturbation, and ecological impacts besides diseases (González-Gaya *et al.*, 2022). In aquaculture, disease control is achieved through a combination of preventive measures, good management practices, and the use of approved, appropriate and effective drugs and vaccines. The control of diseases caused by bacteria, fungi, parasites, and viruses demands the judicious use of aquadrugs (Patil *et al.*, 2022). In fish farming, medicated feeds allow continuous fish growth, if it is administered according to label directions at the early onset of disease while fish are still appetent (Kumar and Gaunt, 2020).

The most extensively used approach to managing parasite infections in cultured aquatic species is anti-parasitic medication. Despite significant investment in the development of new anti-parasitic medications, the number of effective medicines now available for users worldwide is restricted (Sanders and Swan, 2014). Emamectin benzoate (EB) is a close relative to ivermectin of the avermectin family and is produced by *Streptomyces avermitilis* (Moschou *et al.*, 2019). It is formulated as SLICE® for the control of sea lice (Sanders and Swan, 2014). The avermectins' main mechanism of action is in the nervous system by interrupting the transmission of impulses. They interact with many ligand-gated chloride channels to increase the permeability of the cell membrane and finally cause nervous system malfunction (USDA, 2010; Singha *et al.*, 2022). It has become the preferred treatment of choice as it is efficacious against all life stages and has a long-lasting effect. Unlike labour-intensive and stressful bath treatments, EB as an in-feed therapeutant is easily, safely and effectively administered (Lees *et al.*, 2008). The commercial product of EB, SLICE®, has been extensively evaluated for its environmental safety, efficacy, and tolerance in Atlantic salmon *Salmo salar*, rainbow trout *Oncorhynchus mykiss*, and brown trout *Salmo trutta* in the marine environment (Armstrong *et al.*, 2000; Roy *et al.*, 2000).

Crustacean ectoparasites are identified as an important health problem in salmon aquaculture (Nilsen *et al.* 2017; Powell *et al.* 2018). Alike, severe economic losses in carp aquaculture due to

\*Corresponding author: [abrahamtj1@gmail.com](mailto:abrahamtj1@gmail.com)

infestation by fish lice *Argulus* spp., have been documented (Sahoo et al., 2013). In Indian aquaculture, antiparasitic agents like deltamethrin, amitraz, quinalphos, albendazole, ivermectin, and cypermethrin are applied to control *Argulus* spp., *Caligus* spp., *Lernaea* spp., and *Lernanthropsis* spp., infestations (Patil et al., 2022). Though Indian agricultural producers use EB as a pesticide to manage crop pests (Anon, 2021), its use in aquaculture is yet to pick up. Documentations are available on the application of EB and its effectiveness in controlling parasites (St-Hilaire et al., 2021; Anandaraja et al., 2022) and on the safety of tropical fish (Julinta et al., 2020a, 2020b; Anandaraja et al., 2021; 2022; Singha et al., 2022; Das et al., 2022). No systematic reports are, however, available on its effect on the histopathology of commercially cultured tropical fish. This study was, therefore, taken up to assess the effects of an antiparasitic agent emamectin benzoate on the biosafety and kidney, liver, and intestine tissue histopathology of *Oreochromis niloticus*, when administered orally.

## 2. Material and methods

### 2.1 Experimental fish

Active Nile tilapia *Oreochromis niloticus* juveniles obtained from a farm (Lat. 22°27'50.2158" N; Long. 88°23'7.4004" E), West Bengal, India were transported to the laboratory in oxygen-filled polythene bags. The fish were given an immersion treatment in 5 ppm potassium permanganate solution for 5 min and transferred to five circular fibreglass reinforced plastic tanks (FRP) at 90 numbers/tank holding 400 L of aerated bore-well water. A floating pellet diet (CP Private Limited, India) was offered to fish to satiation twice daily. The fish were accustomed to the laboratory conditions for 3 weeks with continuous aeration and replacement of 50% water twice weekly to avoid waste build-up. The water quality parameters were maintained at optimal levels (temperature: 22.00–30.00°C, pH: 7.80–8.60, dissolved oxygen: 4.90–5.20 mg/L, ammonia: 0.002–0.008 mg/L, nitrite: 0.14–0.53 mg/L and nitrate: 0.13–0.55 mg/L) throughout the experimental period.

### 2.2 Emamectin Benzoate Diets Preparation

The emamectin benzoate (EB), as Slice®, is administered at 50 µg/kg biomass/day for 7 consecutive days as an in-feed therapeutant against fish ectoparasites (MSD Animal Health, 2012). In this study, the biosafety of EB (Sigma-Aldrich, India) was assessed by feeding *O. niloticus* with top-coated diets at 0–10 times the recommended dose (1×: 50 µg/kg biomass/day) and 3 times the dosage, i.e., 3 × 7 days. The EB diets for feeding the fish at 2% of the body weight (BW) at a dose of 50 µg (1×), 125 µg (2.5×), 250 µg (5×), and 500 µg/kg biomass/day (10×) were prepared as described earlier (Julinta et al., 2020a,b; Singha et al., 2022). In brief, the required volume of the EB stock solution was added to 5.0 mL refined sunflower oil and then admixed with a 1 kg dry basal pellet diet in order of increasing concentration. The control diet without EB was prepared following the above procedure, air-dried overnight, and stored in separate airtight plastic containers.

### 2.3 Experimental Design and Dose Administration

Fifteen tanks (L58 × H45 × W45 cm) with 20 fish (12.85 ± 1.00 g) each were serially numbered and allocated into 5 groups, namely, group 1: 0× control diet, group 2: 1× EB-diet (50 µg), group 3: 2.5× EB-diet (125 µg), group 4: 5× EB-diet (250 µg) and group 5: 10× EB-diet (500 µg), in triplicates. Before the transfer, a group of 10 fish from each group were individually weighed. Group 1 offered the control diet. The fish of groups 2–5 were fed

the control diet during the pre-dosing period (days 1–7). During the EB-dosing (ED) period (days 8–28), groups 2–5 were fed with the respective EB diets at 2% BW thrice daily to achieve an EB dose of 50 µg, 125 µg, 250 µg, and 500 µg/kg biomass/day. During the post-EB-dosing (PED) period from day 29 to 42 (14 days), all fish groups were fed the control diet. For each tank based on biomass, the quantity of diet offered was planned weekly. The floating pelleted diets lasting in the tank 60 min after each feeding were siphoned into a pre-weighed vessel, dried overnight, and weighed. The feeding behaviour based on the feed consumed by the fish was noted daily and given numerical scores on a five-point ordinal scale, i.e., 0 = No feed consumed; 1 = Approximately 25% of feed consumed; 2 = Approximately 50% of feed consumed; 3 = Approximately 75% of feed consumed and 4 = Approximately 100% of feed consumed (Bowker et al., 2013). The mortalities, fish behavioural changes like lethargy, aggressive and subdued feeding, position in the water column, equilibrium loss, uncharacteristic pigmentation or discolouration, gasping for air, flashing, hyperactivity, and other gross and dermal lesions were observed daily.

### 2.4 Histopathology

On day 0 and day 21 ED and day 14 PED, two fish from each tank were collected and euthanized using clove oil at 60 µL/L water (AVMA, 2020). The euthanized fish were carefully dissected, removed a portion of the mid kidney, liver, and mid intestine was gently rinsed in saline and fixed in Bouin's fixative for 24 h. Further processing of tissues, such as dehydration in ascending grades of ethyl alcohol (50–100%), clearing in xylene (2 changes), embedding in molten paraffin, sectioning, staining and histopathological analyses were as described in Roberts (2012). Digital microphotographs were taken in an Olympus microscope BX51 using a 16 MP SCO-LUX camera attached to the microscope and computer. The histopathological changes in different organs of EB-dosed *O. niloticus* were evaluated based on the severity in comparison with the control. The major changes were identified and given a qualitative assessment score using an ordinal scale, according to the percentage alteration of the tissue due to damages from its normal architecture, viz., 0 = No change; 1 = Normal with <5% of tissues affected; 2 = Mild with 5–15% of tissues affected; 3 = Moderate with 15–25% of tissues affected; 4 = Marked with 25–50% of tissues affected and 5 = Severe with >50% of tissues affected (Bowker et al. 2013). The investigational protocols fulfilled the ethical guidelines including observance of the legal requirements of India (CPCSEA, 2021).

### 2.5 Statistical Analyses

The completely randomized experimental design results are presented as mean ± standard deviation. The data on survival and biomass were analysed by one-way ANOVA and Tukey HSD posthoc for the comparison of means. The feeding behaviour numerical scores and qualitative scores of histopathological changes were assessed by Kruskal–Wallis test with pair-wise comparisons. All tests were analysed using the Statistical Package for Social Sciences (IBM-SPSS) Version: 22.0, considering a probability level of  $P < 0.05$ .

## 3. Results

### 3.1 Feeding behaviour, survival, biomass, fish behaviour and abnormalities

The feeding activities of the control were normal. The full portions of pre-dosing feed were consumed and the feeding

behaviour was normal. During the ED period, a significant reduction in feed intake was noticed in all the groups ( $P < 0.05$ ). With the termination of dosing, an enhanced feed intake was noted in all groups. Also, significant differences in feed intake existed among the dosing periods in all groups ( $P < 0.05$ ). Mortalities were recorded, though insignificant, in all ED groups during the dosing regimen ( $P > 0.05$ ). No death was noticed during the PED period, except for the 10× group (Table 1). The ED caused a significant dose-dependent reduction in weight increment ( $P < 0.05$ ) in the dosing groups compared to the control, except for the 1× group (Table 1) in 42 days. The weight

increment among the higher dosing groups differed insignificantly ( $P > 0.05$ ). The lower-dosed group of fish exhibited no flashing and hyperactivity and were distributed throughout the water column. The fish of the 5× and 10× groups showed loss of equilibrium, darkened body colour, and mucus-associated gills with reddening during the dosing period. Necropsy was performed on freshly dead fish. The fish of the 2.5× - 10× groups had swollen and discoloured kidneys, hepatomegaly, splenomegaly and swollen intestine. No external abnormalities were observed on day 14 of PED and all fish became almost normal.

**Table 1** Biosafety of emamectin benzoate (EB)-dosed *Oreochromis niloticus* juveniles at 0-10 times the recommended dose of 50 µg/kg biomass/day (1×) for 21 consecutive days

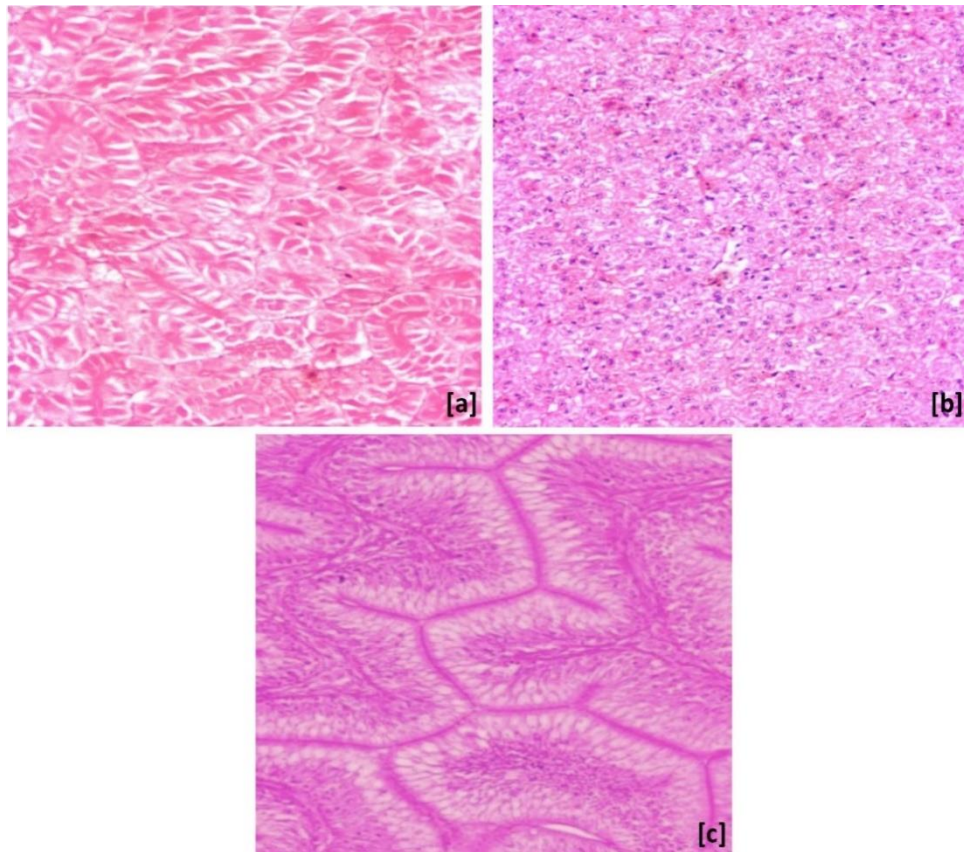
Parameters	EB diets				
	0 µg (0×)	50 µg (1×)	125 µg (2.5×)	250 µg (5×)	500 µg (10×)
Feed intake score*					
Pre-dosing period, 0 - 7 days	4.00±0.00	4.00±0.00 <sup>1</sup>	4.00±0.00 <sup>1</sup>	4.00±0.00 <sup>1</sup>	4.00±0.00 <sup>1</sup>
Dosing period, 8 - 28 days	4.00±0.00 <sup>a</sup>	3.00±0.63 <sup>b2</sup>	2.90±0.54 <sup>b2</sup>	2.62±0.49 <sup>bc2</sup>	2.19±0.40 <sup>c2</sup>
Post-dosing period, 29 - 42 days	4.00±0.00	3.92±0.26 <sup>1</sup>	3.92±0.26 <sup>1</sup>	3.86±0.36 <sup>1</sup>	3.72±0.47 <sup>1</sup>
Survival (%)**	100.00±0.00	98.33±2.87	98.33±2.87	98.33±2.87	95.00±5.00
Biomass: Weight increment (g)#	70.00±5.00 <sup>a</sup>	66.33±1.53 <sup>a</sup>	53.33±4.51 <sup>b</sup>	55.00±4.00 <sup>b</sup>	49.33±2.52 <sup>b</sup>

a-c: Values sharing uncommon alphabets within a row differed significantly ( $P < 0.05$ ). 1-2: Values sharing uncommon numerals within the column differed significantly ( $P < 0.05$ ). \*Five-point ordinal scale: 0 = No feed consumed; 1 = Approximately 25% of feed consumed; 2 = Approximately 50% of feed consumed; 3 = Approximately 75% of feed consumed and 4 = Approximately 100% of feed consumed. \*\*: On day 42. #: Final weight - Initial weight.

### 3.2 Histopathology

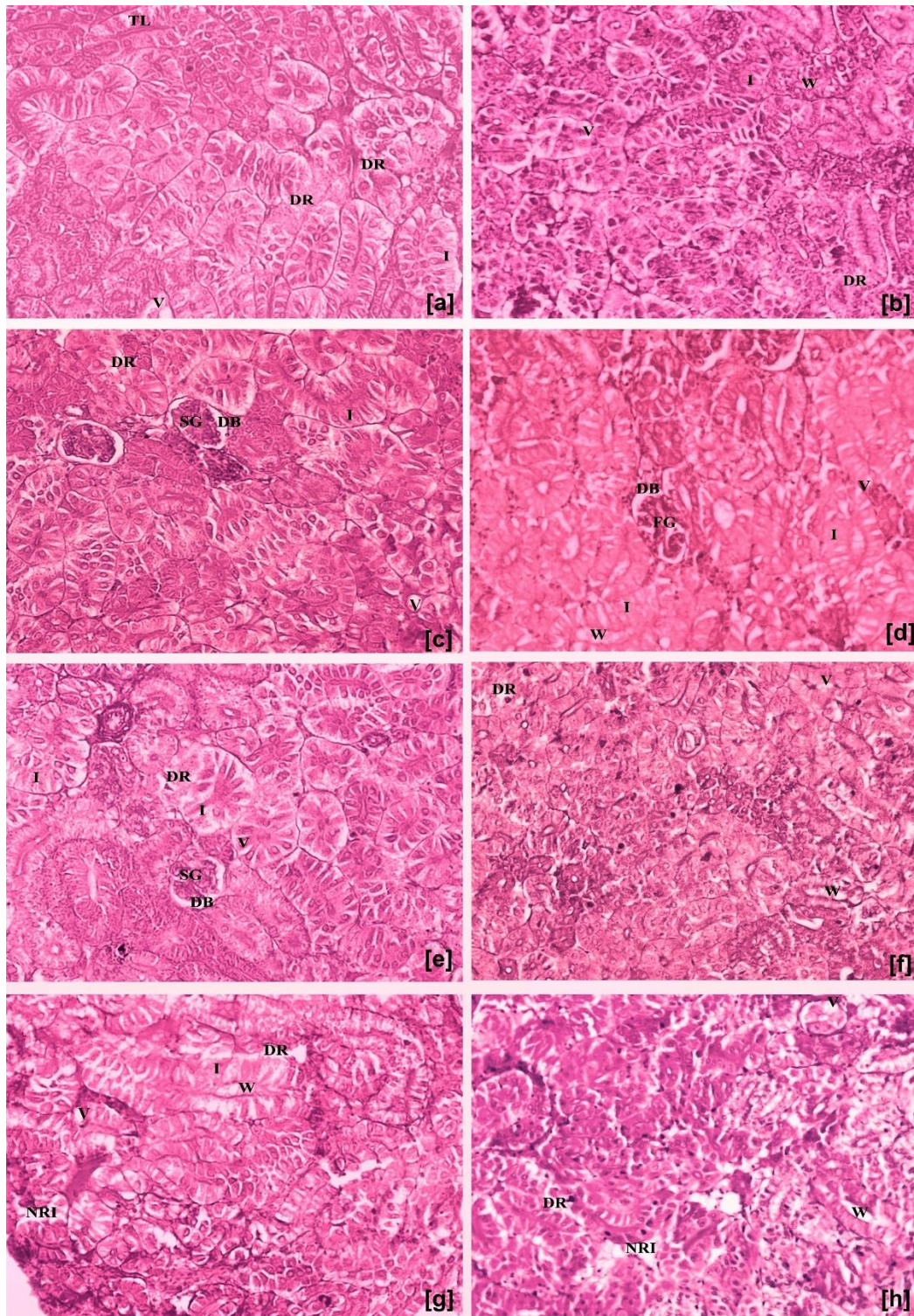
The control group exhibited normal kidney, liver, and intestinal tissue architecture (Figures 1a-c). A significant dose-dependent increase in the histopathological changes ( $P < 0.05$ ) like degeneration of the renal tubules and tubular epithelium, vacuolation and inflammation of the renal tubules, glomerulopathy indicating shrunken glomerulus and/or fragmented glomerulus with dilated Bowman's space and necrotized renal interstitium was observed in the dosing groups on day 21 of ED. In addition, the thickening of the lumen lining was noticed (Figures 2a,c,e,g). Necrosis and necrotized renal interstitium were more prominent in the 10× group (Figure 2g). The extent of kidney tissue damage was, however, reduced significantly ( $P < 0.05$ ) on day 14 of PED in a dose-dependent manner (Figures 2b,d,f,h; Table 2). Severe glycogen-type vacuolation was noticed on day 21 ED in all the dosing groups, with significantly high intensities ( $P < 0.05$ ) in the 5× and 10× groups (Figures 3a,c,e,g). The other common changes noted in the liver tissues were dose-dependent cytoplasmic degeneration. Though the damages were relatively low

compared to the glycogen-type vacuolation, the extent of damage was significant among the dosing groups ( $P < 0.05$ ). A significant mild but dose-dependent increase ( $P < 0.05$ ) in cytoplasmic degeneration was observed in 2.5× - 10× groups (Figures 3d,f,h). Besides, the liver tissues of *O. niloticus* exhibited dilation of blood vessels in the higher-dosed groups. In most of the groups, with the suspension of dosing, the extent of liver tissue damage was, however, reduced significantly ( $P < 0.05$ ) in a dose-dependent manner (Figures 3b,d,f,h; Table 2). The absorptive vacuole loss, mucinous degeneration, necrotized intestinal villi, inflammation, and absorptive region necrosis were the common intestinal histopathological changes in the 1× group (Figure 4a). Besides these changes, mild mucinous degeneration and degeneration of the epithelial layer were noted in the 2.5× - 10× groups on day 21 ED (Figures 4c,e,g), with a dose-dependent increase ( $P < 0.05$ ). The intestine of the 5× and 10× groups had lamina propria swelling as the distinctive change (Figures 4e-h). A dose-dependent significant reduction ( $P < 0.05$ ) in the intensity of most of the intestinal tissue damage was noticed on day 14 of PED in all the groups (Figures 4b,d,f,h; Table 2).



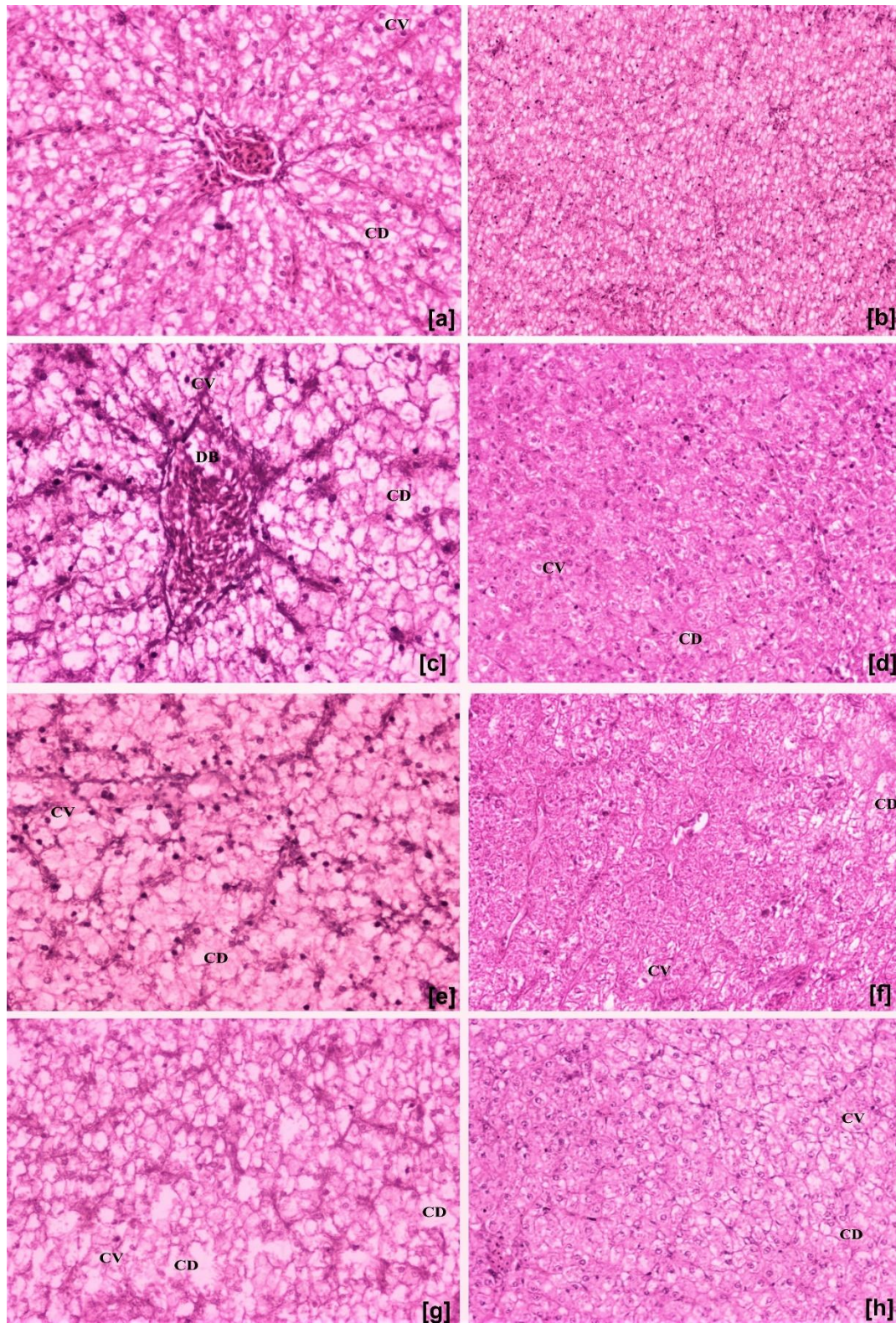
**Figure 1** Histoarchitecture of the control diet fed *Oreochromis niloticus* juveniles showing normal [a] kidney; [b] liver and [c] intestine, ×200 H&E staining.





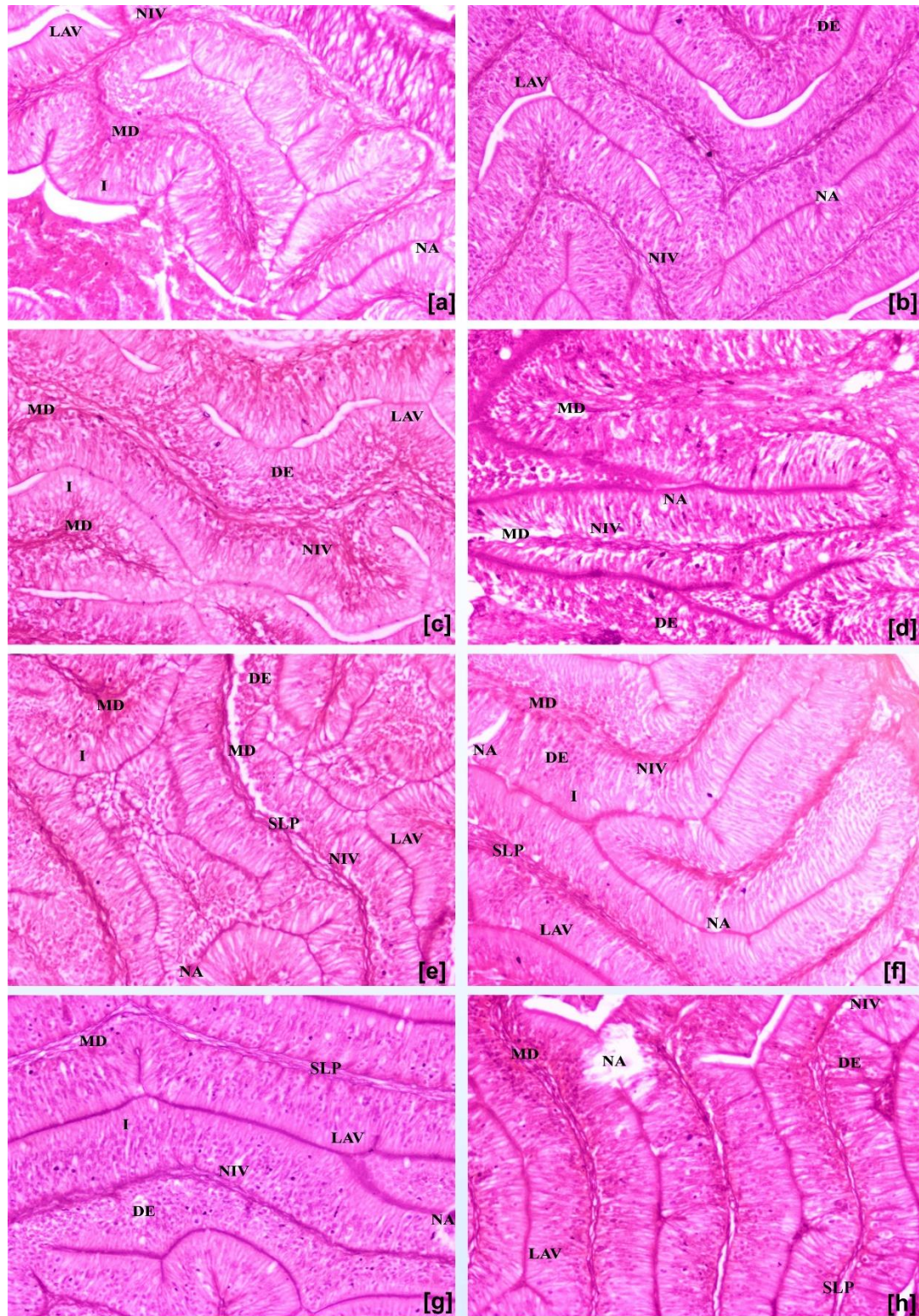
**Figure 2** Histopathological changes in the kidney tissues of emamectin benzoate (EB)-dosed *Oreochromis niloticus* juveniles for 21 consecutive days [a, b] at 50  $\mu\text{g/kg}$  biomass/day (1 $\times$  group) [a] on day 21 EB-dosing (ED),  $\times 200$ ; [b] day 14 post-EB-dosing (PED),  $\times 200$ ; [c, d] at 125  $\mu\text{g/kg}$  biomass/day (2.5 $\times$  group) [c] on day 21 ED,  $\times 200$ ; [d] day 14 PED,  $\times 200$ ; [e, f] at 250  $\mu\text{g/kg}$  biomass/day (5 $\times$  group) [e] on day 21 ED,  $\times 200$ ; [f] day 14 PED,  $\times 200$ ; and [g, h] at 500  $\mu\text{g/kg}$  biomass/day (10 $\times$  group) [g] on day 21 ED,  $\times 200$ ; [h] day 14 PED,  $\times 200$  showing degeneration of renal tubular epithelium (DR), thickening of lumen lining (TL), and renal tubules with vacuolation (V), inflammation (I), widened lumen (W), shrunk glomerulus (SG) with dilated Bowman's space (DB), fragmented glomerulus (FG), and necrotized renal interstitium (NRI), H&E staining.





**Figure 3** Histopathological changes in the liver tissues of emamectin benzoate (EB)-dosed *Oreochromis niloticus* juveniles for 21 consecutive days [a, b] at 50 µg/kg biomass/day (1× group) [a] on day 21 EB-dosing (ED), ×200; [b] day 14 post-EB-dosing (PED), ×100; [c, d] at 125 µg/kg biomass/day (2.5× group) [c] on day 21 ED, ×200; [d] day 14 PED, ×200; [e, f] at 250 µg/kg biomass/day (5× group) [e] on day 21 ED, ×200; [f] day 14 PED, ×200; and [g, h] at 500 µg/kg biomass/day (10× group) [g] on day 21 ED, ×200; [h] day 14 PED, ×200 showing glycogen-type vacuolation, cytoplasmic vacuolation (CV) and cytoplasm degeneration (CD), and dilated blood vessel (DB), H&E staining.





**Figure 4** Histopathological changes in the intestinal tissues of emamectin benzoate (EB)-dosed *Oreochromis niloticus* juveniles for 21 consecutive days [a, b] at 50 µg/kg biomass/day (1× group) [a] on day 21 EB-dosing (ED), ×200; [b] day 14 post-EB-dosing (PED), ×200; [c, d] at 125 µg/kg biomass/day (2.5× group) [c] on day 21 ED, ×200; [d] day 14 PED, ×200; [e, f] at 250 µg/kg biomass/day (5× group) [e] on day 21 ED, ×200; [f] day 14 PED, ×200; and [g, h] at 500 µg/kg biomass/day (10× group) [g] on day 21 ED, ×200; [h] day 14 PED, ×200 showing mucinous degeneration (MD), necrosis in the intestinal villi (NIV), necrotised absorptive region (NA), loss of absorptive vacuoles (LAV), inflammation (I), degeneration of the epithelial layer (DE) and swollen lamina propria (SLP) H&E staining

**Table 2** Qualitative assessment of the major histopathological changes in emamectin benzoate (EB)-dosed *Oreochromis niloticus* juveniles at 0-10 times the recommended dose of 50 µg/kg biomass/day (1×) for 21 consecutive days in comparison with the control

Histopathological changes	Qualitative assessment on a five-point ordinal scale*							
	50 µg (1×)		125 µg (2.5×)		250 µg (5×)		500 µg (10×)	
	ED	PED	ED	PED	ED	PED	ED	PED
<b>Kidney</b>								
Degeneration of renal tubular epithelium + tubules	2.06±0.11 <sup>1a</sup>	1.91±0.16 <sup>2b</sup>	2.14±0.11 <sup>1a</sup>	1.92±0.21 <sup>2b</sup>	2.33±0.10 <sup>1c</sup>	2.30±0.09 <sup>1c</sup>	3.21±0.10 <sup>1d</sup>	2.79±0.16 <sup>2e</sup>
Renal inflammation	1.38±0.08 <sup>1a</sup>	0.60±0.11 <sup>2b</sup>	1.52±0.03 <sup>1c</sup>	0.62±0.15 <sup>2b</sup>	1.60±0.10 <sup>1c</sup>	0.63±0.12 <sup>2b</sup>	1.61±0.12 <sup>1c</sup>	0.65±0.05 <sup>2b</sup>
Vacuolation	1.14±0.09 <sup>1a</sup>	0.80±0.01 <sup>2b</sup>	1.17±0.10 <sup>1a</sup>	0.81±0.05 <sup>2b</sup>	1.36±0.07 <sup>1c</sup>	0.81±0.18 <sup>2b</sup>	1.46±0.06 <sup>1d</sup>	0.83±0.15 <sup>2b</sup>
Necrotized interstitium	0.23±0.08 <sup>1a</sup>	0.23±0.08 <sup>1a</sup>	0.23±0.08 <sup>1a</sup>	0.23±0.08 <sup>1a</sup>	0.30±0.11 <sup>1b</sup>	0.30±0.11 <sup>1b</sup>	1.12±0.17 <sup>1c</sup>	0.89±0.15 <sup>2d</sup>
Glomerulopathy#	0.42±0.04 <sup>1a</sup>	0.35±0.08 <sup>1a</sup>	1.07±0.12 <sup>1b</sup>	0.92±0.08 <sup>2c</sup>	1.13±0.08 <sup>1bd</sup>	0.98±0.04 <sup>2ce</sup>	1.17±0.12 <sup>1d</sup>	1.02±0.18 <sup>2be</sup>
<b>Liver</b>								
Glycogen-type vacuolation	4.52±0.04 <sup>1a</sup>	3.17±0.08 <sup>2b</sup>	4.58±0.04 <sup>1a</sup>	3.18±0.04 <sup>2b</sup>	4.60±0.09 <sup>1ac</sup>	3.23±0.05 <sup>2b</sup>	4.68±0.04 <sup>1c</sup>	3.40±0.13 <sup>2d</sup>
Cytoplasmic vacuolation	0.37±0.08 <sup>1a</sup>	0.30±0.11 <sup>1a</sup>	0.37±0.08 <sup>1a</sup>	0.30±0.11 <sup>1a</sup>	0.47±0.10 <sup>1b</sup>	0.37±0.08 <sup>2a</sup>	0.63±0.08 <sup>1c</sup>	0.47±0.10 <sup>2b</sup>
Cytoplasmic degeneration	0.90±0.11 <sup>1a</sup>	0.37±0.08 <sup>1b</sup>	1.11±0.06 <sup>1c</sup>	0.38±0.10 <sup>2b</sup>	1.34±0.20 <sup>1d</sup>	0.99±0.05 <sup>2a</sup>	1.47±0.04 <sup>1e</sup>	1.19±0.08 <sup>2c</sup>
<b>Intestine</b>								
Loss of absorptive vacuoles	2.70±0.11 <sup>1a</sup>	2.26±0.17 <sup>2b</sup>	2.82±0.11 <sup>1c</sup>	2.64±0.05 <sup>2a</sup>	2.83±0.05 <sup>1c</sup>	2.65±0.10 <sup>2a</sup>	2.84±0.13 <sup>1c</sup>	2.67±0.08 <sup>2a</sup>
Inflammation	1.05±0.08 <sup>1a</sup>	0.92±0.13 <sup>2b</sup>	1.24±0.06 <sup>1ce</sup>	1.03±0.05 <sup>2a</sup>	1.32±0.09 <sup>1ce</sup>	1.21±0.07 <sup>2c</sup>	1.43±0.11 <sup>1d</sup>	1.26±0.09 <sup>2ce</sup>
Mucinous degeneration	1.10±0.08 <sup>1a</sup>	0.73±0.10 <sup>2b</sup>	1.28±0.08 <sup>1c</sup>	1.20±0.03 <sup>1c</sup>	1.38±0.07 <sup>1de</sup>	1.23±0.07 <sup>1c</sup>	1.43±0.04 <sup>1d</sup>	1.29±0.07 <sup>2ce</sup>
Degeneration of the epithelial layer	0.28±0.10 <sup>1a</sup>	0.23±0.08 <sup>1a</sup>	0.42±0.04 <sup>1b</sup>	0.32±0.13 <sup>2d</sup>	0.55±0.12 <sup>1c</sup>	0.33±0.10 <sup>2bd</sup>	0.62±0.04 <sup>1c</sup>	0.40±0.06 <sup>2b</sup>
Necrosis of absorptive region	0.96±0.11 <sup>1a</sup>	0.67±0.16 <sup>2b</sup>	0.98±0.06 <sup>1a</sup>	0.83±0.65 <sup>2c</sup>	1.08±0.08 <sup>1de</sup>	1.02±0.04 <sup>1d</sup>	1.15±0.05 <sup>1e</sup>	1.08±0.04 <sup>1d</sup>
Necrosis of intestinal villi	0.90±0.11 <sup>1a</sup>	0.67±0.16 <sup>2b</sup>	1.25±0.06 <sup>1cd</sup>	1.17±0.04 <sup>1c</sup>	1.31±0.07 <sup>1d</sup>	1.18±0.07 <sup>2c</sup>	1.39±0.05 <sup>1d</sup>	1.19±0.08 <sup>2c</sup>

\*: Qualitative assessment ordinal scale: 0 = No change; 1 = Normal with <5% of tissues affected; 2 = Mild with 5 – 15% of tissues affected; 3 = Moderate with 15 – 25% of tissues affected; 4 = Marked with 25 – 50% of tissues affected and 5 = Severe with >50% of tissues affected. The qualitative assessment was based on six observations (mean ± standard deviation) for each organ of the respective group. No changes were noted in the control group. 1-2: Values sharing uncommon numerical superscripts within a row for a particular histopathological change and a particular treatment (dose) differed significantly ( $P < 0.05$ ). a-e: Values sharing uncommon alphabetical superscripts for a particular row among the treatments (doses) differed significantly ( $P < 0.05$ ). ED: Day 21 EB-dosing; PED: Day 14 post-EB-dosing. #Glomerulopathy includes shrunken glomerulus and/or fragmented glomerulus with dilated Bowman's space.

#### 4. Discussion

Histopathological alterations are considered dependable biomarkers of stress and are widely used as indices for pesticide toxicity in fish (van der Oost *et al.*, 2003). Several experiments indicated that pesticides caused hepatotoxicity, haematotoxicity (Kalender *et al.*, 2010; Lu *et al.*, 2018; Das *et al.*, 2022), neurotoxicity (Das and Mukherjee, 2000), genotoxicity (Giri *et al.*, 2002) and nephrotoxicity (Al-Attar, 2010) in different animal models. In this study, the EB medication at the recommended dose caused mortalities and reductions in feed intake and biomass on day 21 of ED. The effect was increased proportionately in a dose-dependent manner and interfered with various organs and blood cells of *O. niloticus* like in earlier studies (Julinta *et al.*, 2020a, 2020b; Singha *et al.*, 2022; Das *et al.*, 2022). Our histopathological observations further suggested a direct but dose-dependent relationship between EB medication and the functioning of various vital organs and ultimately the biosafety of *O. niloticus*. The major kidney histopathological change due to EB was renal tubular epithelial degeneration and this process led to tissue necrosis at higher doses. Tubular degeneration may occur in the form of vacuolization, the ragged appearance of the epithelial lining, atrophied epithelium and necrosis (Heikal *et al.*, 2012). Tubular vacuolization and necrosis perceived in the kidneys might be the consequence of the failure of ion pump transport of tubular cells and the inability of renal cells to cope with

functional disorders incited by EB. Inflammation of renal tubules observed in the present study could be ascribed to disruption of cell volume and ion homeostasis by EB, possibly by increasing ion permeability and obstructing energy production, thus leading to ATP depletion. The EB also caused fragmented and shrunken glomeruli with dilated Bowman's space in the 2.5× - 10× groups. Alike, degeneration of renal tubules, inflammation, vacuolation in renal tubular cells and widened tubular lumen were documented in different fish species subjected to varied pesticides (Ullah and Zorriehzahra, 2015; Faheem and Lone, 2017). The dilation of Bowman's space suggested an increase in the filtration rate and a probable mechanism of counteracting toxicant stress. The observed mild but dose-dependent increase in the histopathological changes during the ED and PED periods possibly indicated an impairment of kidney function. The tolerability of *O. niloticus* to the recommended EB dose (1×) even during the extended dosing period was confirmed by the lack of major changes in the histological sections of the kidney. This study, in general, brought into light the renal toxicity induced by EB, which was found to be significant at higher doses. The pathological alterations observed in the kidney of *O. niloticus* could be attributed to internal exhaustion because of the interaction between EB and renal tissue. These alterations could be understood as a defence mechanism against EB and could be reversible. Contrarily, no histopathological observations were noted in EB-treated Atlantic salmon *Salmo salar* smolts (Stone *et al.*, 2002).



The fish liver is the most delicate organ and hepatocyte alterations due to drugs may be useful biomarkers, as they occupy 85% of the teleost's liver volume (van der Oost *et al.*, 2003). As observed in erythrocytes, stressor-associated alterations of hepatocytes may be found in the nucleus, the cytoplasm, or both (Das *et al.*, 2022). In this study, the histopathology of the liver of *O. niloticus* fed the EB-diets (1× - 10×) showed mild to severe glycogen-type vacuolation, indicating the loss of cytoplasmic hepatic glycogen as an early toxic response. The hepatocytes were vacuolated and lost the usual polyhedral shape. Such direct toxic effects may disturb the detoxification or cleansing mechanisms of the liver. Besides, all EB-dosed groups documented varying degrees of cytoplasmic vacuolation and degeneration of the hepatocytes like what Bowker *et al.* (2013) observed in *O. mykiss* fingerling fed 150 µg/kg biomass/day or other pesticides and toxicants (El-Murr *et al.*, 2015; Lu *et al.*, 2018). The existence of glycogen-type vacuolar degeneration of hepatocytes may be a consequence of extreme exertion required by the liver to get rid of EB-toxicant during the process of detoxification. Nevertheless, vacuolar degeneration is a revocable injury, and cells can revert to normal functions or homeostasis when the stress is removed (Roberts, 2012). However, the recuperation of cells rests on the severity and duration of exposure to the stressors. The general feature of the liver of EB-dosed fish was the enhancement of the degree of structural heterogeneity with increasing doses. Contrarily, during the gross necropsy or histopathological examination, no pathological signs of EB-toxicity were identified in *S. salar* and *O. mykiss* (Roy *et al.*, 2000; Stone *et al.*, 2002). In our previous study, the EB-dosed *O. niloticus* had significantly higher ALT and AST levels on day 7 ED than the control group (Julinta *et al.*, 2020b; Singha *et al.*, 2022) and these changes were consistent with the injury to the hepatic tissues of the EB-dosed groups. In fish, the first organ to interact with medicated feeds is the intestine and the wide microvilli structure results in a large surface area that is well suited for absorption. The elements absorbed through the intestine are dispersed to the liver via the portal vein, as over 75% of the total blood flow to the liver comes from the intestines (DeSesso and Jacobson, 2001). Therefore, intestinal and liver metabolism can alter the oral absorption of a drug (Zhang and Benet, 2001). The control intestine was characterized by the existence of well-differentiated enterocytes with many absorptive vacuoles and goblet cells. On the other hand, all EB-dosed groups documented dose-dependent inflammation, loss of absorptive vacuoles, necrotized intestinal villi, mucinous degeneration, necrotized absorptive region and degeneration of the epithelial layer. Similarly, the intestine of *Oreochromis* spp. subjected to varied pesticides revealed mucinous degeneration, epithelial degeneration, inflammatory cell infiltration in submucosal oedema and alterations in the intestinal wall (Soufy *et al.*, 2007; El-Murr *et al.*, 2015). The degenerative changes observed in the different intestinal layers may be due to a reduction in oxygen supply to the tissue (Miller and Zachary, 2017) and damaged erythrocytes (Das *et al.*, 2022). The 5× and 10× groups recorded swollen lamina propria, which may be the direct effect of higher EB doses for a longer period, which may reduce the lamina propria facilitated contractile activity of the intestine.

The degeneration of the epithelial layer and inflammation in the intestine of EB-dosed *O. niloticus* indicated a failure in the functional integrity of the intestinal mucosal epithelial cells and the harmonized regulation of the mucus layer, the intercellular tight junction, epithelial cells and the host's immune responses (Dharmani *et al.*, 2009). The histological examination also revealed necrotized intestinal villi and absorptive region, mucinous degeneration and loss of absorptive vacuoles in all EB-dosed groups, suggesting a breach of the first line of defence. The direct EB toxicity might have caused intestinal irritation and

destruction of the mucous membrane. The histopathological variations observed in different intestinal layers of the present study may be due to the direct consequence of EB. The results revealed that the recommended dose of EB can cause apparent pathological changes in the intestine of *O. niloticus* during extended feeding. Though the nervous system is the target of EB toxicity (USDA, 2010), the neurotoxic nature of EB was not attempted in this research. Yet our earlier study (Singha *et al.*, 2022) established the neurotoxic potential of EB.

## 5. Conclusion

Overall, the EB-dosing experiments in healthy *O. niloticus* suggested EB's hepatotoxic, nephrotoxic and intestinal toxic potential in a dose-dependent manner. Though the EB at the recommended dose and higher doses caused dose-dependent mortalities, reduced feed intake and biomass during the extended dosing, it is unlikely to develop belligerent and irrevocable effects on *O. niloticus* at the dose of 50 µg/kg biomass/day and dosage period of 7 consecutive days. The recommended dose of EB persuaded a meagre to mild histopathological changes in the kidney, liver and intestine of healthy *O. niloticus*. With the termination of medication, most of the specific changes were significantly improved, indicating the ability of fish to mount adaptive responses to recuperate. Therefore, the EB may be included in the treatment of external parasites in tropical freshwater fish to improve health and population resilience.

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## Conflict of Interest

The authors report no conflicts of interest. The authors are responsible for the content of the paper.

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## Ethics approval

The current study was performed in compliance with the guidelines of the Committee for the Purpose of Control and Supervision of Experiments on Animals (CPCSEA), Government of India. The experimental protocols were approved by the ICAR, Government of India, New Delhi, under the All-India Network Project on Fish Health (F.No. CIBA/AINP-FH/2015-16 dated 16.7.2015).

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